January 15, 2014

I wish to submit the following accounts of my experience regarding healing work that has been completed by Marcia Lowry, St. Paul, MN. to inform the consideration of Master Qigong Healer designation by Qigong Master Chunyi Lin, Spring Forest Qigong.

My recent contacts with Marcia Lowry were the result of contact with an old high school friend. In the fall of 2011, it was suggested that I attend a healing session with Marcia to help alleviate stress and emotional upset due to a bitter divorce after 27 years of marriage. I was experiencing mental stress, as well as physical abnormalities. My symptoms ranged from headaches to insomnia to extreme physical exhaustion. During my first session, within a few minutes, I experienced slight tingling sensations throughout my body. These sensations lasted briefly and were replaced by a calming feeling. After that session I experienced swift relief of several of my symptoms. I believe that Marcia facilitated the release of blockages which allowed me the ability to address and release issues causing my physical pain.

In December 2012, I attended another healing session with Marcia. This session was specifically requested to assist with chronic knee pain. Due to an accident 20years earlier, I sustained cartilage damage to my right knee. Over the course of time, along with added arthritis and weight gain, the pain continually worsened. My orthopedic surgeon had suggested surgery, but was fairly confident that the only fix would be a complete knee replacement. Marcia spent time in this session addressing my whole body, but she also specifically centered some direct healing on my knee. As Marcia embraced my knee with her hands there was immediate warmth centered around the area. After the session, the sharp pain that my knee usually produced was greatly reduced. Normally, to walk there was a constant sharp pain as my knee was basically bone on bone. To me it felt as though there was a sort of viscous buffer. The feeling of contact still existed, but the pain was reduced. This session helped me to make it until the follow summer, when I did finally complete the surgery. Miraculously, I did not require a full knee replacement, simply arthritis removal and a partial replacement on my knee cap. I am incredibly grateful for the assistance and pain relief that Marcia provided.

In August 2013, Marcia visited me while I was home with my two grown children. This was the first opportunity that Marcia had met my kids. In the past, I had expressed some worry about self confidence issues with my daughter. When my daughter was in high school she suffered some issues with bulimia. During her visit, Marcia asked my daughter if she was open to some healing work. My daughter agreed. The result of the session was shown in my daughter's attitude in the weeks following the session. Her confidence level had risen, and her attitude towards insignificant details changed dramatically. For me it is easier to register my own improvements, but it is often more difficult to see improvements with others that you don't see on a daily basis. My daughter lives in her own apartment, and attends to her own social life. The attitude changes that were now noticeable to me were incredible.

Marcia has provided me and my family many saving miracles. I have absolute faith that Marcia will not only continue being a great healer, but will develop into an outstanding teacher. I believe that Marcia's abilities are growing and I am very excited to not only witness , but be able to experience her gifts. It is with extreme gratitude and love that I provide these few testaments. Most important to me is the ability to consider Marcia a very special loving friend,

Thank you for your time,

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