

Getting to know Marcia Lowry has been one of the greatest side benefits of my children's involvement with Out On A Limb Dance Company and The Art Karate Studio. Marcia's warmth and caring precedes her down the hallways via her warm smile and sparkling eyes. It may be that this deep caring and nurturing of others is one of the keys to her commitment and success with the art of healing energy.

This past fall I developed tendonitis in my Achilles heel. I was frustrated with the traditional western medicine, because the doctors really didn't have enough information to give me so that I could treat my heel effectively. I had been dealing with the tendonitis on my own for about a month when Marcia, sensing my frustration, offered her healing services to me free of charge. I figured, what could it hurt?

As I sat with Marcia in the basement of a strip mall, while our children practiced their karate, she sat with my foot in her lap. She moved her hands around my leg, then stood behind me while I relaxed in a chair. I was aware of her hands moving around up and down by my sides and head, and she occasionally made little flicking motions with her hands. I relaxed, more than I had in a very long time. My shoulders and jaw felt loose and emotionally I felt calm. Marcia offered to perform some long distance healing over the course of that week, and there were times when I felt her with me, and confirmed with her later that the sensation coincided with her distance work on me. During that week my tendon finally started to progress.

A few weeks later our boys were participating in a wrestling tournament at The Art, and Marcia offered me another healing session. Again I sat in a chair and Marcia moved her hands around me and I felt the same sense of relaxation and calm, but when the session was over, I became light headed and dizzy. For me this really proved the strength of the energy that Marcia was moving, because honestly, I had just been sitting in a chair and suddenly I felt so dizzy that I almost fell off. Marcia grounded me, and my head quit spinning and I felt much better.

Arlene S., MN