February 28

Dear Master Chunyi Lin,

I am happy to share something very personal with you and how Marcia Lowry has helped me to connect with what is true in me, to find my way to a deeper, more authentic way of being and to learn that we are all part of the same human family with the same longings, dreams and struggles.

I am originally from Mexico and met Marcia in graduate school at UW- Madison in 1994. She quickly became my first close friend in the United States. I lost communication with Marcia for few years when she moved to Minneapolis Minnesota, but never the feeling of deep connection with her. We re-connected few years ago and we both surprised each other with the new paths our lives were taking. Marcia had already started her journey on spiritual growth and development as a healer; mine was just at the very beginning. We both were glad to be able to speak honestly and fearlessly about each other's search and findings.

Marcia shared with me her recently discovered abilities to connect with higher consciousness as a medium and also to scan and heal people. In the last couple of years, we have visited each other and Marcia has performed scanning and healing sessions on me and my husband. I was fascinating to experience those sessions with her and to enjoy the great outcomes.

In the first session, Marcia performed a scan of my body. I had my eyes closed and for the first time in my life I felt energy around me. I felt a something rushing out on the top of my head. I felt warmth around me and a sense of something "moving" in and out of me. All of this was totally new to me and I do not find words to express it in an accurate way, but it felt good and I felt safe because I was with Marcia. At the end of the session Marcia had found that I had a few energy blockages but she assured me that was typical. However, she decided to focus on one manifesting around my heart. After the session, we talked about potential meanings of energy blockages. She gave me ideas of what to work on to eliminate these. She returned to Minnesota.

After few months, she called me and said that she had been thinking about my heart blockage, she had shared the findings of my session with Master Chunyi Lin. Marcia had been searching for help on my behalf. She asked me to think about a turbulent relationship I had in my pass that she was aware of, and its impact on my heart blockage. A bit down the road, I unexpectedly and surprisingly reconnected with that person from the past, which I had not seen for 25 years and still lived in Mexico. We met several times and we apologized to and forgave each other. I experienced an unprecedented level of happiness I never experienced before. Marcia has helped me understand and experience awareness. She is guiding me on my spiritual growth. She has helped me to overcome my own limiting ideas, beliefs and theories about life, the thoughts we get stuck on that keep us from the life and love we want.

A second healing experience with Marcia occurred via telephone. We were sharing recent events and while we were talking, I felt the presence of others in the room. My telephone started acting in strange unexpected ways. Marcia immediately identified my deceased father, and she

was able to ask and learn that I was surrounded by loving beings who wanted to connect with me. A rash of cold run through me and Marcia instructed those beings to back off as I was not feeling comfortable. After that, I felt warm and nice again. The call was an unexpected and profound experience for both of us. Once again, I find it difficult to put in words what happens when Marcia and I connect in person or via phone. Marcia helps me find meaningful clues deep inside me, things that I typically do not see, or things that I refuse to think about, or about things that I want, but I do not allow myself to ask for.

Finally, I visited Marcia a couple of months ago and had another magical session with her. I spent the evening with her alone at her home and she did a two-hour healing session. I felt a lot of energy and warmth on the top of my head. At one time, I felt someone “flying” around me who kissed my head. I asked if Marcia had done this, but she said she did not. She received several answers to questions she was asking about me and after the healing session we discussed potential meanings of the findings. I left the session feeling lighter, with lots of ideas and homework to do, and with a deeper insight to continue my awakening journey.

I am a different person. I am shifting my thinking, redirecting my internal compass and I know that I can create the life that I want, I know I can find and experience the love and happiness that I dream of. But I didn't get to this understanding by myself. It took work! I got help from Marcia Lowry, my spiritual coach who forces me, however lovingly, to see the truth about myself, who demands that I own my dream and create it. With her help, I have been great at creating my dream in many, many areas. It is taking me through a deep process of resetting, rewiring my thinking and emotions.

We all have dreams; dreams for love, for career, for our bodies, for our finances, for our health, for "fill in the blank." But often our beliefs, theories and thinking get in our way of having full on happiness and living into our dreams. Getting help from a Marcia Lowry has been one of the best things I have ever done for myself. I wholeheartedly hope Marcia continues to be allowed and honored to be part of transforming many lives as she is doing with mine. I deeply love and respect Marcia Lowry.

I wish you health and happiness,

Susana Vázquez García